



## THE NUDES LOW DOWN

Turns out, half of all teens have sent sexual pics and vids and a huge three quarters have received them (thanks Snapchat).

And it can be super fun! But unfortunately, it's pretty common for people other than the person you sent it to see them as well.

### DID YOU KNOW?

If you're younger than 18, it's actually against the law to take, send or store nudes?  
- **WHOA.**

If you have nudes of people younger than 18, it's considered child pornography?  
- **RISK-AY.**

Most young people know what they're getting into, with 69% of teens correctly identifying the legal issues with sexy selfies.

## TIPS FOR SAFER SEXY SELFIES

Want to send some hot selfies? Here are some tips to help you protect yourself:

Have a chat with the person you're going to send it to first, to make sure you're both on the same page with what is ok and what is not. **Respecting each other's boundaries and privacy expectations is key.**

**CONSENT!** Don't send it if they don't explicitly say they want you to.

Only send sexy selfies or nudes to people you trust: maybe wait until you feel comfortable and trust the person before tapping 'send'.

Crop out your face and distinguishing features: this mean no tattoos, birthmarks or unusual piercings.

Make sure you can't be identified by the background of your selfie.

**Don't Sip and Send.** It's never a good idea to send nudes while drinking or under the influence of drugs. It's pretty easy to make a mistake and send something inappropriate to the wrong person!

## WHY SEND A SEXY SELFIE?

- 😊 Pressure from a partner
- 😊 A sexy present
- 😊 To feel sexy or confident
- 😊 To get someone interested
- 😊 To feel included/fit in
- 😊 To be fun and flirty
- 😊 To get noticed
- 😊 Because they sent one to you

## WHY NOT?

- 😞 Bad past experience
- 😞 Disappoint your family
- 😞 Potential to hurt current or future relationships
- 😞 Hurt reputation
- 😞 Potential trouble with the law
- 😞 Trouble at school
- 😞 Embarrassment
- 😞 Possible regret
- 😞 The belief that others might think they're slutty

## GETTING HELP

Online harassment or bullying is NEVER OK. If you or anyone else are getting pressured to send sexy images, or are receiving ones you don't want, tell an adult you trust.  
**TURN OVER FOR CONTACT INFO!**

## TIPS FOR PARENTS

**Be Aware...** create an open discussion with your teen about their mobile phone app usage and familiarise yourself with their highly used ones.

**TWO OF THE LARGEST APPS FOR SENDING NUDES ARE SNAPCHAT AND TINDER.**



### SNAPCHAT

- This app allows people to send and edit videos/images that disappear after a few seconds; however, they can be saved in the form of screenshots.
- The minimum age for a Snapchat user is 13 years old.
- Manage the privacy settings: ask your teen to only allow 'my friends' to send them Snaps.
- No 'randoms'! Only accept friend requests from people you know.
- Snapchat isn't inherently negative, it just depends on how it is used.



### TINDER

- Tinder is a dating/hook-up app that uses GPS location to match people within areas.
  - To set up a Tinder account, you must link up your Facebook account.
  - There is now a minimum age of 18. However young people have been known to create fake Facebook accounts to bypass this.
  - Meeting with someone in the real world that you met in cyberspace is dangerous for anyone but especially for young people.
- Create an open discussion about the risks.**



Kids Helpline  
(13-25 years old)  
**Phone: 1800 55 1800**  
[www.kidshelpline.com.au](http://www.kidshelpline.com.au)



Headspace  
**Phone: 1800 650 890**  
[www.headspace.org.au](http://www.headspace.org.au)



Western Australian  
AIDS COUNCIL

WA AIDS Council  
**Phone: (08) 9482 0000**  
[www.waaid.com](http://www.waaid.com)



**BUT FIRST,  
LET ME TAKE  
A SELFIE...**